



## SKIN

(anonymous)

May 4, 2012

### “... stopping Charlotte from eating ice cream”

This is the setting of the story. The parents, their two-year-old daughter Charlotte, the baby boy and the grandparents are at the Dairy Queen. When the mother was about to give Charlotte a bite of ice cream, the grandfather suddenly stopped her so his daughter can put a bib around the child's neck.

Since the grandfather is always concerned that his granddaughter could develop diabetes like her mother, his daughter thought that this is why her father tried to stop Charlotte from eating the ice cream. So they started to argue. After they had clarified the misunderstanding, Charlotte was allowed to have the ice cream. Suddenly a rash began to appear around her **mouth** and all the way up to her ears. Worried, the parents rushed with the child to the hospital. By the time they were there, the rash had already receded.

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**Comment:** A skin rash occurs during the healing phase of a “separation conflict”, which can also relate to an unexpected “separation”, for example, from a desired food; in Charlotte's case from the ice cream, when her grandfather stopped her from eating it, which is why the rash appeared around her mouth.

This is a good example how a child can develop an ice cream “allergy”, because the moment the distress (separation conflict) occurs, the subconscious stores all components that the child subjectively associates with the particular conflict situation (ice cream, bib, Dairy Queen, grandfather, mother arguing with her father, etc.). As soon as the child sets on one of the established TRACKS, the conflict is instantly reactivated, causing the same response, namely a skin rash around the mouth. – In order to prevent relapses (an “allergic reaction to ice cream), Charlotte needs to realize that “ice cream” does no longer equal “danger”. A permanent solution could be that grandpa and her mother take the little girl to the Dairy Queen, gently put a bib around Charlotte's neck, and enjoy some delicious ice cream together.

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Extract from: <http://LearningGNM.com>

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